



South Hampstead
High School

G D S T

Co-curricular Booklet

2019 – 2020

Opening doors, hearts and minds



We are proud to be a busy, buzzing school with a lot going on. Each term we offer over 100 co-curricular clubs and societies before, during and after school, providing every girl with ample opportunities to have fun, to excel and to thrive beyond the classroom.

Pupils are actively encouraged to try their hand at something different — to discover new interests, to develop new skills, to take time out from their studies and to engage with girls from other years — as well as to launch and lead societies themselves. House points and ‘colours’ are awarded to girls who show exceptional levels of participation and commitment in co-curricular activities.

This booklet represents the incredible range and depth of clubs and societies on offer over the course of the year, from sport and music to creative and academic. There is a ‘co-curricular fair’ each September so that girls can find out more about what’s on offer as well as how to sign up.

The full timetable is published via Firefly before the start of each term, so that girls can create their own bespoke co-curricular programme throughout the year, with the guidance of their tutor if needed. If girls have any further queries, or suggestions of clubs they would like to run, please get in touch.



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Acting Co-curriculum Co-ordinator

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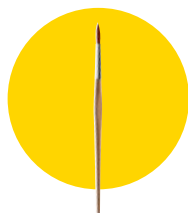
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Art

ART CLUB



Open to anyone who is interested in having fun with Art, creating short projects that can be completed within an hour.

HISTORY OF ART SOCIETY



Lunchtime seminars discussing artistic movements, upcoming exhibitions and exciting artists. For those who love Art and want to find out why it is made, why it changes, and how it fits into the broader historical context. Highly advised for those potentially interested in studying Art History at A Level.

LIFE DRAWING



Open to any Art exam candidate; non-Art Sixth Formers also welcome. For those who want to master drawing the way it has been done for centuries. Explore the complicated process of conveying the human form through a wide range of media.

Business & Enterprise

BASE COMPETITION



BASE is the Institute of Chartered Accountants in England and Wales' (ICAEW) National Business and Accounting competition for students aged 16+. A unique and exciting experience, students are able to engage in a business challenge that enables them to develop key employability skills and understand what it's like to be an ICAEW Chartered Accountant.

STUDENT INVESTOR CHALLENGE



Students will be given a portfolio of artificial money and compete with up to 6000 teams around the country to make the most profits from their investments. Upper Sixth welcome to assist in the running.

YOUNG ENTERPRISE



Young Enterprise is an exciting opportunity to start a business with other South Hampstead students and join thousands of young people across the UK taking part in one of the leading school competitions.



Campaigning, Fundraising & Volunteering

AMNESTY

L6

For anyone who cares about human rights and wants to support the work of Amnesty International.

ECO COMMITTEE

7 8 9 10 11 L6 U6

Raise awareness about environmental issues and help to achieve our Project Zero goals: to significantly reduce our environmental impact by 2026, our 150th anniversary. We have implemented various initiatives and are well on our way to achieving the prestigious Eco-Schools Green Flag award. All welcome.

FEMSOC

10 11 L6 U6

Do you have a problem with the patriarchy? Does the pay gap make you angry? Are you tired of being told to be ladylike? Do you want equality? Then you are a feminist! So come and discuss everything feminist every week — food provided.

GIVING JOY

7 8 9 10 11 L6 U6

A student-led charity initiative that supports children in need through creating and selling handmade toys. Learn how to make cuddly toys and participate in charity sales. A great opportunity to hone your crafting skills and a fun way to give back.

PEER MENTORING

L6

Interested in helping to guide and mentor younger pupils? Lower Sixth students can really make a difference by providing support and advice to students lower down the school, including delivering sessions for form groups in Years 8 and 9. A rewarding experience that enables you to acquire new skills too.

PENSIONERS' LINK

10

A very rewarding scheme for both the pensioners and girls. Students visit residential homes within a 10/15 minute walk of the school. Can be used for the service element of Duke of Edinburgh.

PRIDE

7 8 9 10 11 L6 U6

Come and have a chat about a variety of different LGBTQ+ topics each week. All welcome — food provided.

SHINE A LIGHT

7 8 9 10 11 L6 U6

A pupil-led club helping to raise funds for our Waterlow Hall Campaign. Come and help us add to the £20,000 the girls have already raised and learn about marketing, fundraising, design, and communications along the way.

SPEAR

11 L6 U6

Join our school community partnership with the award-winning Spear programme, supporting disadvantaged young people in the local community to build employability skills and find work. Rewarding opportunities to volunteer as a Sixth Form Spear Ambassador at our local centre on the Finchley Road each week, and for Year 11 and Sixth Form students to help out at celebration evenings.

*Classics & Modern Foreign Languages***CLASSICS JUNIOR CLUB**

7 8

If you would like to learn more about the ancient world and explore subjects like Greek mythology and Roman life, come along! Design and make your own mosaic, plan and host a Roman feast, create a Classical board game, star in an ancient play, and de-code some hieroglyphics.

CLASSICS FOR PLEASURE

L6 U6

Reading all sorts of things that never appear on a syllabus and exploring parts of Roman and Greek culture off limits. No note taking, just reading.

**CLASSICS SOCIETY
— SENIOR**

10 11 L6 U6

Exploring all aspects of the Classical world — suitable for Class Civvers as well as linguists. We could be looking at great explorers of the past, ancient fashion, modern issues through ancient eyes, festivals... it's up to you.

DICTÉE CLUB

10 11 L6 U6

In this club we will do a short dictation from a French literary text; there will be no competitive edge! Girls will correct their own work at the end of the session and move on. This exercise helps with vocabulary, grammar, spelling and listening comprehension. Mainly Year 10 upwards but very confident linguists and native speakers may attend too.

**FRANCOPHONE
CARTOON CLUB**

7 8 9 10 11

Classic Cartoon reading, drawing on Asterix/Tintin to begin with.

GERMAN

7 8 9 10 11 L6 U6

If you enjoy German and would like to expand your knowledge, or are not yet studying German but would like a taster, do come along. We will explore German through games and quizzes, clips and film. We will learn more about German culture and traditions by exploring popular festivals in German-speaking countries and may even try some traditional Christmas baking.

LINGUISTICS OLYMPIAD CLUB

11 L6 U6

Do you love languages, modern and/or ancient? Would you like to decode some of the rarest ancient languages, and work on linguistic puzzles for languages such as Braille, Binary Code, Music, and any other language that has ever existed? Come along to UKLO to train for the Linguistics Olympiad which happens every February.

MUSIC OF THE FRENCH- SPEAKING WORLD

10 11 L6 U6

Develop an understanding of the huge range of French language music out there that is rarely heard in the UK.

READING SPANISH FOR PLEASURE

8 9 10

If you are interested in reading and learning about the Spanish speaking culture, and you'd like to improve your language skills, this is the club for you!



Debating

DEBATING CLUB — JUNIOR

7 8 9

Weekly informal debates on topical issues. If you like arguing then this is the place for you. Learn about the British Parliamentary style of debating and use it to destroy your opponent's point of view. No experience needed but, for those who are keen, there are external competitions and friendlies.

DEBATING SOCIETY — SENIOR

10 11 L6 U6

The place to be if you like arguing. Weekly informal debates on topical issues and preparation for external competitions such as the Oxford Schools, Cambridge Schools, Debating Matters and GDST events. Excellent for confidence-building, honing your public speaking skills and generally being argumentative. No experience necessary, just turn up with an opinion.

MODEL UNITED NATIONS

7 8 9 10 11 L6 U6

Learn about diplomacy, international relations, and the United Nations. Debate various issues from the point of view of a country at the United Nations. We will also take delegations to CROYMUN (GDST Model UN day in November) and HABSMUN (large school MUN weekend in February/March).

Design & Fashion

DT CLUB

7 8 9

‘Something from Nothing’ — designing and making exciting new products from rescued ‘old products’. We will also be designing and making our limited edition Remembrance poppies — come along to make and sell these lovely products for a good cause.

DESIGN VENTURA COMPETITION

9 10 11

An annual design competition run by The Design Museum in Kensington. The brief changes every year but the challenge is to create and prototype a product that could be sold in the museum shop. Winners will work with a team of well-known designers to develop their idea into a real product.

FASHION SCHOOL

8 9 10 11 L6 U6

The chance to learn and practise fashion/textiles-based skills including basic and advanced hand/machine sewing, clothes making techniques, clothes pattern drafting, textile design and fashion illustration.

Digital, Coding & Robotics

BYTESIZE CODING

7 8 9 10 11 L6 U6

Come and join our Coder in Residence for a fun, fast-paced club that will show you how to create and build your own web apps, pages and projects, using industry standard coding environments: HTML, CSS and JavaScript. No experience necessary.

CYBER DISCOVERY

9 10 11 L6 U6

Cyber Discovery, a GCHQ initiative, will immerse you in challenges, tools and games, designed to introduce you to the cyber security industry. Develop your coding skills but also look into how governments and organisations can detect and prevent cybercrime. The programme is designed to identify problem-solving skills, logical thinking, and to spark enthusiasm for the subject, no matter what your interests are. We enter various other competitions throughout the year eg. Alan Turing Cryptography, CyberGirls First, Hour of Code Workshop and the British Informatics Olympiad.



DIGITAL LEADERS

7 8 9 10 11 L6 U6

Do you love technology? Are you the one who always has to help your friends and family solve their tech issues? If the answer is yes then you should apply to be a South Hampstead Digital Leader! Digital Leaders are pupils who love and are adept at using technology and willing to share their knowledge and skills with others. If you want to develop your leadership skills and get even better at using technology, this is the place for you. You will be the first pupils to test new equipment and help staff use technology by running training sessions for them. Last year our Digital Leaders attended the annual GDST Techathon, won a prize for their animation at the ChildNet film competition and contributed an article for the Teaching & Learning newsletter.

VEX ROBOTICS CLUB

7 8 9 10 11

Come along to work out how to design, build and programme our VEX Robots. We hold a special competition for GDST schools every year and regularly win lots of prizes.

*Drama & Performance***DRAMA CLUB**

7

A Drama club just for Year 7s to build confidence, and learn how to improvise through games and exercises. There will be opportunities to audition for a school production early in the autumn term.

DRAMA CLUB

8

A club for Year 8 pupils to express themselves and have fun exploring all sorts of drama techniques through improvisation and games. There will be opportunities to audition for a school production early in the autumn term.

DRAMA CLUB

9

An exclusive drama club for Year 9 which will include working on mini projects with text, devising and improvisation skills. A must for anyone with a passion for drama and a creative flair. There will be opportunities to audition for a school production early in the autumn term.

FUZED THEATRE COMPANY

L6

Audition to join South Hampstead's exclusive theatre company. Throughout the year you'll work with playwrights and develop your own work which you will perform at the Edinburgh Fringe Festival.

LOWER SCHOOL PRODUCTION

7 8 9

Audition for an opportunity to perform in one of three (yes, three!) productions that take to the stage at the end of the autumn term. One of these plays will then be selected to enter into the new GDST One Act Play Festival in the summer term.

MYSTERY MINUTES RADIO

7 8 9

In the spirit of the mystery and suspense serials broadcast on early radio, you will create, write, perform and record an on-going mystery/suspense programme. Instead of a 'mystery hour', you will produce 2 to 5 minute episodes in length every two weeks. If you like to share ideas, write scripts, perform, make sound effects, record or promote the show, please come. All contributions welcome, no matter how small. Many different talents will be needed to make a thrilling, suspenseful serial.

SENIOR SCHOOL PRODUCTION

10 11 L6 U6

Audition to be in a topical, funny and moving play — the first full length play to be performed in the new Waterlow Hall. If you don't fancy being in the limelight, there will be many opportunities backstage: stage management, costume and make-up, lighting and sound, and even assistant directing.

SIXTH FORM INDEPENDENT PLAY

L6

Join the cast and crew of an entirely independent ensemble production. You can direct, produce, work backstage or perform in a production of your choosing. Past productions have included *The Crucible*, *The Importance of Being Earnest* and *Laura Wade's POSH*.

"An exhilarating experience that encouraged us to build our creativity - an achievement we'll always be very proud of."

TECHNICAL THEATRE CLUB

9 10 11 L6 U6

This is a wonderful opportunity for students to learn all about the fascinating backstage world of the theatre. You will learn how to use a lighting board, programme your lighting design ideas, make a model box theatre, understand how set design can enhance a production and much more. Also you will have the opportunity to do the Performance Support Award in Technical Theatre.

Duke of Edinburgh Award

BRONZE AWARD

9

DofE is one of the most popular co-curricular activities in the school. There are four components of the award: volunteering, skills, expedition and physical; all have to be completed successfully to achieve the award. The Bronze DofE practice and assessed expeditions take place at weekends at the start of the summer term. There is a training and information session for all participants on the 11+ examination day in January.

SILVER AWARD

10

Open to anyone in Year 10 who has completed their Bronze award. There are four components of the award: volunteering, skills, expedition and physical; all have to be completed successfully to achieve the award. The Silver DofE practice expedition takes place near Amersham over three days. The Silver DofE assessed expedition takes place in Derbyshire, with a stay in a hostel the night before the walk. There is a training and information session for all participants on the 11+ examination day in January.

GOLD AWARD

11 L6 U6

Open to anyone aged 16 years or older who has completed their Silver Award. Training and map work occur in lunchtimes and before school as well as on the 11+ examination day in January. The practice expedition takes place in Derbyshire, during the May half term, and the assessed expedition in the summer holidays in Yorkshire. At Gold level, there are five components of the award: volunteering, skills, expedition, physical and a residential element — all have to be completed successfully to achieve the award. Each expedition lasts for four days, but the group has to arrive the day before the expedition begins. External specialist staff, with mountain-leader qualifications, will train you in the skills required.

Geography

GEOGRAPHY FILM CLUB

7 8 9 10 11 L6 U6

A weekly documentary focusing on geographical issues and the Earth's outstanding natural beauty — David Attenborough will be making frequent appearances!

GEOGRAPHY SOCIETY (GEOGSOC)

L6 U6

This is for people interested in the pursuit of Geography beyond what you learn in the classroom. Excellent for, but not exclusive to, students considering a degree in Geography.

History

HISTORY SOCIETY

7 8 9 10 11 L6 U6

Are you interested in exploring the past? We delve into both conventional and unconventional history from Ancient Egypt to Harry Potter and even the history of South Hampstead. We play games and eat plenty of food to aid our learning. Come along!

SENIOR HISTORY SOCIETY

10 11

Are you interested in exploring History beyond the iGCSE syllabus? The aim of the society is to read and discuss various aspects of History in an informal setting. It is up to you what we will cover and there will also be the opportunity for you to lead some of the sessions. Topics have included the Vietnam War, 'Mad' King George, war time propaganda and cartoons. There will also be the opportunity for some historical baking.

Maths

MATHS CHALLENGE CLUB

8 9 10 11 L6 U6

If you enjoy doing the Junior, Intermediate or Senior Maths Challenge, or are interested in the Linguistics Olympiad, or if you just like thinking hard about interesting (mostly mathsy) things, come along to Challenge Club.

MATHS SOCIETY

9 10 11 L6 U6

Interested in Mathematics and how it affects the world around us? Want to know more about the mathematicians who discovered the theorems we use today? Curious about exploring new Mathematical ideas that you won't see at GCSE or A Level? If you want to see how Mathematics shapes the world around us, come along!

MATHS PUZZLE CLUB

7 8 9

If you enjoy Mathematics and want to play some games, solve some puzzles and learn some new and interesting things about the subject then come along to Puzzle Club!

MIND THE STEP

10 11 L6 U6

Ready for a challenge? STEP questions require you to look carefully at the Mathematics you have already learnt and apply it in some unusual and ingenious ways. With support from teachers, students work on stimulating problems flexing their algebraic muscles and stretching their Mathematical skills to the max. If you love solving tough Maths problems, come along — we have a challenge ready for you!





Music

BIG BAND

7 8 9 10 11 L6 U6

Open to anyone who loves Jazz and can play one of the following instruments: bass; drum kit, guitar, saxophone, trombone, trumpet, percussion or piano. Entry is by audition.

BRASS ENSEMBLE (JUNIOR)

7 8 9

An ensemble for all brass players who are Grade 2/3 upwards.

BRASS ENSEMBLE (SENIOR)

10 11 L6 U6

An ensemble for all brass players who are Grade 5 upwards.

CHAMBER CHOIR

10 11 L6 U6

An auditioned choir for 12 advanced singers who are able to work on challenging repertoire.

CHAMBER CHOIR — LOWER SCHOOL

7 8 9

An auditioned choir for 12 advanced singers who are able to work on challenging repertoire.

CHAMBER MUSIC

7 8 9 10 11 L6 U6

The music department run a large number of chamber ensembles from string quartets, to clarinet and piano trios. They perform in our two chamber music concerts each year as well as competing in national competitions. Ensembles are decided by the Director of Music, but please let the music department know if you are interested in playing in one!

CHAMBER ORCHESTRA

7 8 9 10 11 L6 U6

A string orchestra for our most advanced string players. Usually Grade 7 or above. Entry is by audition.

CHORALE

8 9

For anyone who enjoys singing fun and challenging repertoire. This is a non-auditioned choir — everyone is welcome!

CLOSE HARMONY

L6 U6

This is an acapella singing group which is open to girls in the Sixth Form. It is run by a member of the Sixth Form and performs in every school concert. The choir mainly sing arrangements of well-known popular songs!

CONCERT BAND

7 8 9

An ensemble for all wind, brass and percussion players who are Grades 2 to 5 on their instrument.

JUNIOR JAZZ BAND

7 8 9 10 11 L6 U6

Open to pianists, drummers, bass players, saxophone and brass players who are between Grades 1 to 5. This is a fun ensemble that plays a variety of jazz repertoire!

SALSERA

7 8 9 10 11 L6 U6

An ensemble for those who enjoy playing Latin music! Entry by audition for those who play the following instruments: trumpet, piano, guitar, brass, saxophone, drum kit or flute.

SAXOPHONE ENSEMBLE

7 8 9 10 11 L6 U6

An ensemble for all saxophone players.

SENIOR CHOIR

10 11 L6 U6

The main senior choir which tackles a wide variety of choral repertoire. The choir also combines with the school choral society and staff choir once a year to sing a big choral work. This is a non-auditioned choir — everyone is welcome!

SINFONIA

7 8 9

The orchestra for all string, wind, brass and percussion players who are Grades 2 to 5. Wind players are expected to audition.

SYMPHONY ORCHESTRA

10 11 L6 U6

The orchestra for all string, wind, brass and percussion players who are Grades 5 to 8. Entry by audition.

SYMPHONIC WIND BAND

7 8 9 10 11 L6 U6

A fun ensemble playing a wide range of repertoire ranging from classical to film and show themes. Any wind, brass or percussion players who are Grade 5 to 8. Entry by audition.

UKULELE ORCHESTRA

7 8 9 10 11 L6 U6

Open to pupils of all ages who are keen to play the ukulele in an ensemble. The ensemble is led by students for students! They meet once a week and play a wide range of pop music.

YEAR 7 CHOIR

7

A fun choir for all girls who enjoy singing. This is a non-auditioned choir — everyone is welcome!



Passions & Interests

BOARD GAMES CLUB

7 8

Do you like Monopoly? Cluedo, perhaps? Or maybe Pictionary? Well, you can play those at home! This club instead explores a few of the many games available to those who dare stray from the mainstream. Participants will help or hinder their fellow dwarves as they make their way through their gold mine; they will question their neighbours, trying to identify the werewolf responsible for the nightly murders in the village; they will manage the rise or fall of civilisations of sea-faring giants, diplomatic ratmen or wealthy tritons, while deciding whether to defend their regions or attack those around them.

CHESS CLUB

7 8 9 10 11 L6 U6

Curious about chess? Been playing for years? Come along to chess club to learn more about the game or to hone your existing skills. Professional coaching, tactics training and school tournaments. Players of all abilities welcome.

DOCTOR WHO SOCIETY (DOCSOC)

7 8 9 10 11 L6 U6

For lovers of all things Gallifreyan! We watch stories new and old (sometimes very old), tackle quizzes and puzzles and have a jolly good time in the process.

GARDENING CLUB

7 8 9 10 11 L6 U6

Everyone is welcome. From propagating seeds and preparing the soil to planting out and harvesting your own potatoes, strawberries and sweetcorn. Enjoy being outside, watching your plants grow and take pleasure in harvesting your own crops.

LEGO

7 8 9 10 11 L6 U6

Want to help build the future? Get hands-on with fun LEGO building projects and challenges each week. Great for problem-solving, creativity and teamwork.

MARVEL SOCIETY

7 8 9

Join a fun, pupil-led club where we play games, do Kahoot!, watch movies, discuss characters and rant about the upcoming Marvel updates!

WOMANITIES SOC

10 11 L6 U6

Are you interested in art, literature and culture and the links between them? Do you want to find out if it's true that well-behaved women rarely make history? Then Womanities Soc is for you! This society will explore the role of women in a range of Humanities subjects, including History of Art, English and European Literature, Classics and History. We will hear from different teachers and students about women who have created or written works of art, who have shaped history and who have been painted, sculpted or written about. Come along to hear (or even give) engaging talks and to participate in lively discussions.

CHRISTIANITY EXPLORED SOCIETY

7 8 9 10 11 L6 U6

ETHICS CLUB

9 10

JEWISH SOCIETY (JSOC)

7 8 9 10 11 L6 U6

PHILOSOPHY DISCUSSION GROUP

10 11 L6 U6

THEOLOGY & RELIGION ENRICHMENT

11 L6 U6

Philosophy, Religion & Ethics

Join us for some games, sweets and a chance to read and discuss the Bible. Come with questions and investigate Christian claims in a relaxed way. Everyone is welcome.

Lively discussions and topical debate guaranteed! If you are interested in ethics in the news, please come and join us.

A Jewish society where you can come together with other Jews — everyone is welcome. We're a social club that always has pizzas and sandwiches. We bring in Jewish speakers and we debate topical issues.

Anyone interested in philosophy is welcome to attend. We will be reading and discussing a number of key (but brief) texts. The aim is to gain familiarity with central thinkers and ideas and to strengthen our analytical and interpretative skills — all while having fun during our weekly 'symposium'.

We will be discussing and debating a wide variety of philosophical, ethical and religious issues and topics, both current and as old as time. Student and teacher led. Great for your thinking and debating skills.

Politics & Economics

ECONOMICS SOCIETY

10 11

Open to those who are interested in Economics, or want to find out what Economics is actually like. We'll be playing games and watching movies, as well as teaching you a little bit about the fundamentals of Economics. We'll also offer a mini taster A Level lesson so you can get a proper idea of what the subject is like before deciding whether or not to take it up at A Level. It's a fantastic subject that suits everyone, you may be surprised — give it a go!

POLITICS SOCIETY

7 8 9 10 11 L6 U6

We invite guest speakers to talk about political issues and/or their political careers. Come along if you have an interest or want to know more about Politics.

Psychology

PSYCHSOC

11 L6 U6

This club is open to those who are interested in learning more about how people tick in a range of different areas of life. It covers different material to that within the A Level course and so can be joined by anyone. We discuss, debate, create experiments and surveys, watch films and programmes and read books to explore more about human nature.

Reading & Writing

BOOK CLUB

7 8 9 10 11

Do you love to read? Do you hate to read? Do you enjoy discussing, debating or commenting on stories, characters, plots, films? Join a book club and read with others. It's fun! Suggested books to be discussed are advertised on the Library notice board. Students are also encouraged to form book clubs and suggest books, genres or themes for the clubs. Share your ideas, learn from others, 'get away from it all' — in the Library.

CREATIVE WRITING CLUB — SENIOR

10 11 L6 U6

Want to polish up your prose? Need a hand with your haiku? This weekly workshop group meet to write, edit and share creative efforts in a friendly, nurturing environment. Occasional risk of cake.

HISTORICAL BOOK CLUB

7 8 9 10 11

We will be reading and discussing books with an historical theme. Please come along if you are interested in History, just love reading or want to try something new.

PLAY READING SOCIETY

10 11 L6 U6

Once a week we gather together to read aloud and discuss plays. We have read 20th century British and American plays by Tom Stoppard, Tennessee Williams, Samuel Beckett, Susan Glaspell, Arthur Miller and David Ives. We have also read 18th and 19th century comedies by Richard Brinsley Sheridan and Oscar Wilde, and one of Ibsen's 19th century social dramas. The club is great fun and great enrichment!

SCHEHERAZADE

7 8 9

For those with a serious interest in developing their craft as storytellers and poets. We read and discuss short stories and poems as inspiration for our own writing. In an open and supportive environment, we share, comment on and encourage each other's work. Students will be invited to participate by their English teachers.

SCHOOL MAGAZINE — THE PENGUIN

7 8 9 10 11 L6 U6

Open club, where everyone has the opportunity to submit their articles, creative writing or other contributions to the magazine that is published once per term.

Science

BIOLOGY CLUB

10 11

Would you like to extend your knowledge beyond the requirements of the GCSE Biology curriculum? If yes, this is the club for you. We will be broadening our knowledge of Biology and going deeper into various topics.

BIOLOGY EXTENSION

U6

These sessions are aimed at extending your learning beyond the Biology syllabus and helping you to think on your feet. It will help you prepare for those important interviews! Open to all.

COMPETITIVE PHYSICS

10 11 L6 U6

An opportunity to stretch yourself beyond the syllabus. Take part in various external competitions including the challenging Physics Olympiad, run by the Oxford University – girls here have an incredible track record – and conduct experimental projects which could result in having a research paper published.

CREST AWARD

7 8 9 10 11 L6 U6

The CREST Award is the only nationally recognised accreditation scheme for project work in Science, Technology, Engineering and Mathematics subjects. It gives students the chance to participate in hands-on science through investigations and enquiry-based learning. Benefits of the CREST award:

- improved GCSEs and sense of achievement
- real life experience of 'being a scientist'
- enhance UCAS personal statements
- use towards DofE skills section

There are different levels through which you can progress. We will be running the Bronze and Silver awards this year.

- **Bronze:** 10+ hours project work (aimed at 11-14 year olds, but any age is accepted)
- **Silver:** 30+ hours (aimed at 14-16 year olds)



ENGINEERING CLUB

7 8 9 10 11

Run by Sixth Formers for all those interested in making, building and hands-on learning. Find out about the engineering industry from expert speakers and work creatively and collectively to solve real-world problems. Develop the skills to become a future engineer. Activities include 'Tomorrow's Engineers' events, Royal Academy of Engineering activities and possibly 'Formula 1 in schools' and the 'NPL Water Rockets Challenge'.

EUREKA SCIENCE MAGAZINE

7 8 9 10

Enjoy bringing Science to life and inspiring others? Research topics, write articles, take photos and contribute to our magazine, edited by A Level Science students. Most pieces are submitted by Sixth Form students but contributions welcome from all.

SCIENCE LIT BOOK CLUB

10 11 L6 U6

Enjoy reading about Science and discussing what you've learned? Join our book club to explore new topics and share your views and ideas in a fun, informal session.

SCICLUB

7 8

Look around you. How much of what you see can you explain? Even the most basic of questions may leave you confused. How can a metal ship that weighs tons float in water? How could a car run on air? And would you like to make one? How do you make ice cream? This and more will be explored at SciSoc, where we begin your journey to understand the world!

SPACE SOCIETY

7 8 9 10 11 L6 U6

A pupil-run club for space enthusiasts and those who are simply interested in problem-solving and exploring new ideas. Opportunities to learn about the universe and to take part in the Galactic Challenge, a UK Space Design Competition.



Sports & PE

ATHLETICS

7 8 9 10 11 L6 U6

Improve in both track and field events. Master the high jump or develop your pace on the track. We have competitions in the summer term.

BADMINTON

7 8 9 10 11 L6 U6

A chance to enjoy playing badminton, learn new skills and improve your standard of play. It is also an opportunity to meet people in other year groups.

BASKETBALL

7 8 9 10 11 L6 U6

The aim of the session is to provide pupils with the opportunity to develop their skills including dribbling, passing and shooting.

BOUNCE CLUB

7 8 9 10 11 L6 U6

Trampolining in the Sports Hall. A popular club that requires no experience.

CHEERLEADING CLUB

7 8 9 10 11 L6 U6

A chance to learn new skills, including tumbling and flying! Competitions entered throughout the year.

CRICKET

7 8 9 10 11 L6 U6

An opportunity to play a fast-growing women's sport. Learn how to bowl, bat and field.

CROSS-COUNTRY

7 8 9 10 11 L6 U6

A great way to improve your fitness. There will be squads for various competitions throughout the year.

DANCE

7 8 9 10 11 L6 U6

Dance squads cater for a range of abilities and dance styles. We enter local and regional competitions throughout the year and hold the Gym and Dance display in the spring term.

FOOTBALL

7 8 9 10 11 L6 U6

Anyone is invited to take part in the football sessions that run all year round. There is the opportunity to play in several local fixtures and regional tournaments.

GYMNASTICS

7 8 9 10 11 L6 U6

There will be gymnastics squads to cater for a range of abilities. Squads enter competitions and events throughout the year and there is also a Gym and Dance Display in the spring term.

HOCKEY

7 8 9 10 11 L6 U6

A relaxed, open club for students to come along and have a friendly game.

NETBALL

Anyone is invited to trial for a place in a netball squad. In Years 7–9 we have A to E and development teams. From Year 10 upwards, there are a range of teams and squads to suit all levels. The aim of squad practices is to develop individual skill and team strategy in order to compete in fixtures. Matches will take place after school with the occasional weekends in order to compete in Middlesex and National Schools competitions.

**STRENGTH AND
CONDITIONING**

This training programme aims to cultivate the physical qualities required in high performing athletes. Programmes are designed to maximise your sporting performance, ensuring you reach your potential and are resilient to injury.

TABLE TENNIS

A relaxed open club for students to come and have a friendly game of table tennis. You can come along for all of the session or just pop in for a quick game of Round the World! Expect lots of fun for girls of any standard.

TENNIS

We offer both recreational and squad tennis. Girls are selected to represent the school in GDST tennis rally matches and play in friendly matches against local opposition.

VOLLEYBALL

A chance to learn to dig, set and spike and have fun.

YOGA

Come and relax before the busy day begins and stretch out any tension the body may hold.



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