



THE
SOUTH HAMPSTEAD
LOCKDOWN
CHALLENGE

*50 things to try
before we return to school*

Awards

Complete as many tasks as you can.
Add your points to see which award
you can achieve.

Each task is one point unless stated otherwise
and House points will be awarded. Good luck!



1. Photograph the first crocuses.

Notes:

Points:



2. Be out walking at sunrise.

Notes:

Points:



3. Watch a National Theatre Live production.

Your family can get a subscription but we are also signing up to the National Theatre Collection as a school and will share details with you. <https://www.ntathome.com>

Notes:

Points:



4. Do a Tik Tok with your parents. If it gets over 50 likes you get an extra point.

50 likes may seem like small change to veteran Tik Tok users, and you may roll your eyes at our lack of knowledge. However, as one colleague commented, "I don't know that I even know 50 people."

Notes:

Points:



5. Send a postcard to South Hampstead.

We will send you one back (assuming we don't receive 670).

Notes:

Points:



6. Teach your dog (or parent) a new trick. Extra point if this is a dance routine.

Notes:

Points:



7. Put protective gloves on, grab a bin liner and do some litter picking in your street.

Notes:

Points:



8. Watch a film made in the 1980s.

Notes:

Points:



9. Do a puzzle with at least 100 pieces.

Notes:

Points:



10. Find a street within a mile of your house that you have never walked down.

Walk down it.

Notes:

Points:



11. Bake a sweet treat. Extra point if you have never made it before.

Notes:

Points:



12. Replicate one of your favourite take-away dishes at home.

Notes:

Points:



13. Learn a card game you have never played before.

Notes:

Points:



14. Do a science experiment in your kitchen.

Notes:

Points:



15. Write a letter to an elderly relative, to a care home resident or to one of our elderly alumnae.

Contact Ms A Aneja or Mrs S Whitworth if you need support with this.

Notes:

Points:



16. Design a solution to a problem in your home (such as a storage problem).

Pitch it to your family.

Notes:

Points:



17. Learn all the capital cities of Africa.

Notes:

Points:



18. Cut someone in your family's hair.

Notes:

Points:



19. Read a novel written before 1950.

Notes:

Points:



20. Get your parents to believe something ridiculous.

Notes:

Points:



21. Buy a magazine about history, science or the news and read it.

Notes:

Points:



22. Watch a TED talk.

Notes:

Points:



23. Eat something you have never tried before.

Notes:

Points:



24. Go on a Google Expedition.

Notes:

Points:



25. Finish a game of Monopoly without anybody killing anybody else.

Notes:

Points:



26. Buy a plant for your bedroom and keep it alive.

Notes:

Points:



27. Visit the rabbits and guinea pigs in a pet shop.

Do not purchase without parental consent.

Notes:

Points:



28. Play on a swing in your local park.

Notes:

Points:



29. Think of something you would like your parents to allow you to do. Create a PowerPoint presentation and deliver a speech to persuade them.

Extra 2 points if you succeed.

Notes:

Points:



30. Ring South Hampstead and ask to speak to the Headmistress.

If you get through you get 5 extra points.

Notes:

Points:



31. Watch David Attenborough's *Penguin Dynasties*.

Notes:

Points:



32. Walk past a blue plaque. Go home and research the person who lived there.

Notes:

Points:



33. Lie down on your bed and listen to J.S. Bach's Goldberg Variations.

Notes:

Points:



34. Read a book by the fire.

Fireplace for your Home on Netflix also counts.

Notes:

Points:



35. Find out what trees there are in your local park. Photograph their leaves.

Notes:

Points:



36. Read Sophie's World.

Notes:

Points:



37. Watch an online Planetarium show: www.rmg.co.uk/whats-on/planetarium-shows

Notes:

Points:



38. Make yourself hot chocolate, whipped cream and marshmallows on a cold day.

Notes:

Points:



39. Attend an online lesson in costume (any sort).

You may want to liaise with friends so you aren't the only person wearing a crocodile suit that day.

Notes:

Points:



40. Send one of your teachers a nice email telling them why you enjoyed a particular lesson.

Notes:

Points:



41. Make a digital calendar with photographs of you and your family. Or make a poetic calendar with a poem for each month.

Notes:

Points:



42. Go on a photographic scavenger hunt of your local area. You take photos rather than collecting things. Ask a family member to create the list.

Notes:

Points:



43. Make some home-made cosmetics e.g. lip balm, hand cream, face mask.

Notes:

Points:



44. Read a novel that is not set in Europe or North America.

Notes:

Points:



45. Go for a walk in the pouring rain. It's exhilarating.

Notes:

Points:



46. Ask your parents about the first news story they remember as children or teenagers, and research it.

Notes:

Points:



47. Spend a whole day off your phone.

Gain extra points for every family member you persuade to join you.

Notes:

Points:



48. Find out about some of the smallest countries in the world e.g. The Vatican, Malta and Gozo, Andorra, Swaziland, Gambia, El Salvador, Taiwan.

Notes:

Points:



49. Find out how many countries in the world have elected female leaders who are currently in power.

See if you can find out more about one on each continent (except Antarctica!)

Notes:

Points:



50. Watch the world go by from a window of your house or flat and make a note of what you observe for 30 minutes.

Extra point if you do this with spy glasses on. To keep you entertained, take a bet on something e.g. number of cars that drive by.

Notes:

Points:

Advanced Challenges – Bonus Points!



See if you can get a letter published in a national newspaper.

Notes:

10
points

Points:



Go for a COVID-secure walk of at least 10 minutes in an animal onesie.

Do NOT sit on any benches.

5
points

Notes:

Points:



Organise a tea party for your family.

If you need inspiration: www.jamieoliver.com/recipes/beautiful-baking/afternoon-tea

10
points

Notes:

Points:



Persuade the Senior Leadership Team to let you pitch for an idea for the school.

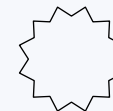
You only win the points if we decide to hear your pitch, so the initial 'sell' needs to be persuasive. Five extra points if we end up adopting the idea.

10
points

Notes:

Points:

Total points



We look forward to hearing how you're getting on; remember to bring this booklet back to school when we return, with your notes and any evidence.



Some top tips from Mrs Bingham

My top bedtime listening tip

<http://classictales.educ.cam.ac.uk/stories>

Listen to some professional story tellers recount the stories of The Trojan War, the Story of Odysseus and The Metamorphoses. Magical. Works on an iPhone during walks as well. Feed your imagination.

My top research tip

<https://www.zooniverse.org>

This website has lots of different research projects from Penguin Watch to archiving names of those killed by the Nazis to an intriguingly named project called Space Fluff. There is a project for lots of different academic disciplines and volunteers from all over the world can get involved. Last Summer Term I gave an assembly on the creation of the Oxford English Dictionary and I told you about how it was created with the help of hundreds of volunteers who collated usages of words. Well, call this a 21st century equivalent. You can make a difference to important academic research from the comfort of your own home.

My top podcast:

BBC History Extra podcast - find it on Spotify: a treasure trove of podcasts.